

Comments, Compliments and Feedback

We welcome comments and compliments in the service we provide. These help us to judge whether we are providing a good service and how it can be improved. Similarly, if you are dissatisfied with any part of our service, we need to know.

For comments, compliments or feedback, please contact:

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Contact Address:
Bexley Educational Psychology
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Bexley Civics Offices, 1st Floor East
2 Watling Street
Bexleyheath
DA6 7AT



Useful Information

Bexley Local Offer for Early Years -
<https://bexleylocaloffer.uk/Page/14629>

BBC Tiny Happy People -
<https://www.bbc.co.uk/tiny-happy-people>

Contact Information

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Social Emotional Mental Health (SEMH) Support Assistants

Information for Parents of Preschool Children



Who are the SEMH support Assistants?

The Social Emotional Mental Health (SEMH) Support Assistants are a team designed to support your child's well-being. They are one of the teams within the Early Years Specialist Advice Services (EYSS).

SEMH Support Assistants are Assistant Educational Psychologists. They have experience working with children across all ages and work alongside the Educational Psychology Team.

What can they support with?

Your child may be referred to the SEMH Support Assistants to support with:

- Understanding your child's emotional needs and behaviour
- Transition support e.g., when your child starts school.
- Supporting with greater awareness of emotions.



How do SEMH Support Assistants get involved?

The first step is for a request for involvement to be made to the Early Years Specialist Services (EYSS). The EYSS team will make a decision about where support would be most helpful.

What type of work will an SEMH support assistant do with your child?

The Social Emotional Mental Health (SEMH) Support Assistants work with parents and nursery settings to support with understanding children's emotional needs and behaviour.

This involvement may include:

- Getting to know you and your child
- Observations at nursery
- Playing
- Discussions about different strategies that could be used.
- Establishing goals together.

We will then review and adapt the plan before deciding on some next steps.

There may be opportunities for involvement in other projects we are working on.



What questions will I be asked?

You may be asked about:

- Any worries you may have about your child
- The kind of things your child can do on their own
- How your child plays with other children
- How your child behaves with adults
- How your child understands and expresses their feelings.
- Who supports your child
- What your hopes are for your child's future
- If there is anything you'd like to find out more about