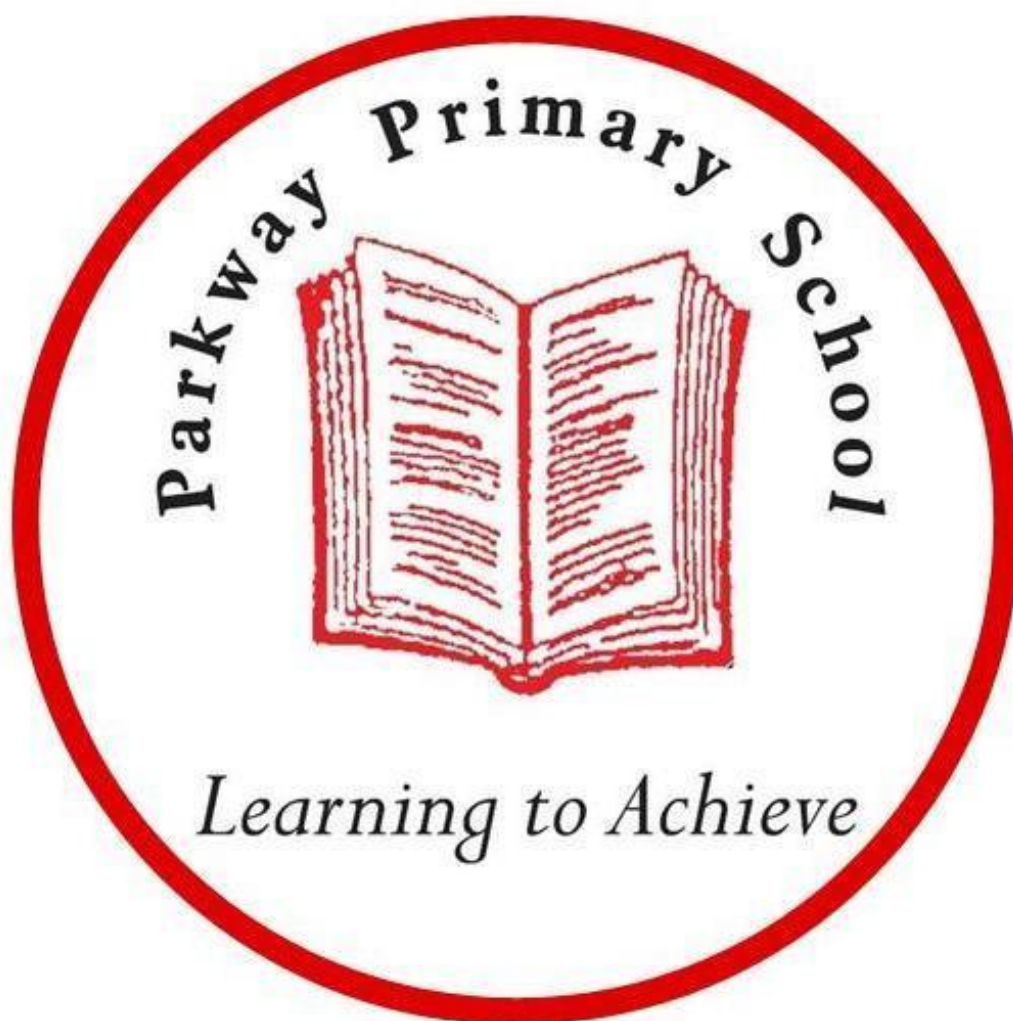


Parkway Primary School

Allergy and Anaphylaxis Policy



September 2026

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Introduction

This policy outlines what Parkway Primary School will do to prevent and manage allergies and anaphylaxis.

An allergy is a reaction of the body's immune system to substances that are usually harmless.

Anaphylaxis is a serious, life-threatening allergic reaction affecting the whole body, often within minutes of exposure to the allergen.

Common UK allergens include: peanuts, tree nuts, sesame, milk, egg, fish, latex, insect venom, pollen and animal dander. Allergy Policy 2026-2027

Roles and Responsibilities

Parents must:

- Inform office staff of any allergies on entry to school, including previous serious reactions and prescribed medication
- Supply a copy of their child's Allergy Action Plan (BSACI plans preferred)
- Ensure medication is supplied, in date and replaced as necessary
- Keep the school updated with any changes in allergy management

Staff must:

- Complete annual anaphylaxis training
- Be aware of pupils with known allergies and supervise food-related activities with caution
- Carry all relevant emergency supplies on school trips and check children have their medication

Appointed First Aider must:

- Keep up-to-date Allergy Action Plans with children's medication
- Check medication termly and remind parents if approaching expiry
- Maintain a register of pupils prescribed adrenaline auto-injectors (AAIs) and record any use

Children should:

- Alert an adult immediately if they suspect an allergic reaction
- Carry their own AAIs if trained and confident to do so

Emergency Treatment for Anaphylaxis

Symptoms to watch for:

Mild to moderate: red raised rash, tingling in mouth, swelling of lips/face/eyes, stomach pain or vomiting.

Serious ABC symptoms:

- Airway - throat swelling, hoarse voice, difficulty swallowing
- Breathing - wheezing, breathing difficulty, noisy breathing
- Circulation - dizziness, pale clammy skin, loss of consciousness

Emergency action:

1. Keep child where they are, call for help, don't leave unattended
2. LIE CHILD FLAT WITH LEGS RAISED (prop up only if struggling to breathe)

3. USE AAI WITHOUT DELAY into outer thigh muscle and note time
4. CALL 999 and state ANAPHYLAXIS
5. If no improvement after 5 minutes, administer second AAI
6. If no signs of life, commence CPR
7. Call parent/carer

Do not stand the child up or sit them in a chair, even if they feel better. All children must go to hospital for observation after anaphylaxis.

Medication Storage and Care

Each child's kit should contain:

- Two AAI's (EpiPen® or Jext®)
- Up-to-date allergy action plan
- Antihistamine (if on plan)
- Asthma inhaler (if on plan)

Medication must be stored within 5 minutes of the child, not locked away, and accessible to all staff. AAI's should be stored at room temperature, protected from direct sunlight and temperature extremes.

Spare AAI's: There are 2 spare AAI's; one in the front office and one medical room for emergencies. The Appointed First Aider checks these monthly.

Disposal: Used AAI's are single use only and disposed of in the sharps bin in the medical room.

Catering

- The school menu is available termly in advance with ingredients listed and allergens highlighted on the website and via ParentMail
- Bottles and lunch boxes for pupils with allergies must be clearly labelled
- Food should not be given to primary age food-allergic children without parental permission
- Use of food in crafts, cooking and special events will be risk assessed

School Trips

- Trip leaders will carry all emergency supplies and check children have their medication. Children without medication cannot attend until medication is received.
- All activities will be risk assessed for children with allergies
- For overnight trips, a parent meeting will be arranged and venue staff briefed early

Allergy Awareness Approach

Parkway Primary School adopts a 'whole school awareness of allergies' approach rather than specific nut bans, as no school can guarantee a truly allergen-free environment. This ensures all staff and children understand allergies, recognise symptoms, know how to respond, and follow policies to minimise risk.

Policy Owner: Office Manager

Review Date: September 2027

Approved by: School Governing Body