



# PARKWAY PRIMARY SCHOOL

## NEWSLETTER

Issue 55

23<sup>rd</sup> January 2026

### From The Headteacher

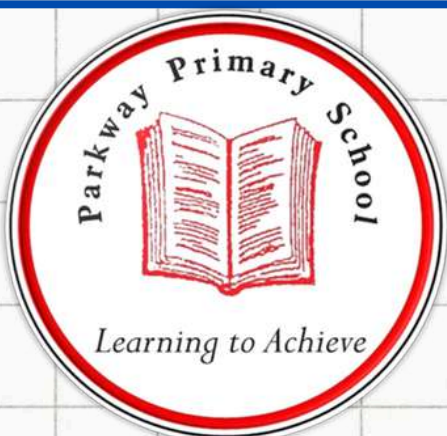
This has been a short week at Parkway for me as I have been up in the Midlands as a reviewer through the challenge partners program. What was really evident during the review, was how well we at Parkway ensure children are included in learning whatever their needs and how well our children's behaviour both within lessons and out in the playground compared to another school judged as a 'good' school. We have reviewers joining us in two weeks to review practice at Parkway, more about this over the coming weeks but I am confident of the great practice being seen during that time.

This week also sees the London Borough of Bexley re-inspection of its SEND provision. This is undertaken by OFSTED (Office for Standards in Education, Children's Services and Skills) and the CQC (Care Quality Commission). This is a three-week inspection which started on Monday the 19<sup>th</sup> and will conclude on Friday 6<sup>th</sup> February. Having been involved in the development of practice over the last three years I am confident the Borough will come out in a much stronger position.

This morning, I sat in on the Parkway Talk Matters Mid-Year Review. During this meeting Miss Birchmore and Mrs Tume discussed with the assessors what the school has undertaken and the outcome of this work. They were very pleased with the achievements at Parkway and have asked us to consider being a lead hub school for next academic year. This is a very positive reflection of all the hard work and dedication put in by Miss Birchmore, Mrs Tume and all the staff at Parkway to again ensure our children are getting high quality provision which is recognised and asked to be a local leader.

Wishing you a good weekend and looking forward to seeing you on Monday.

Mr Celino-Stock

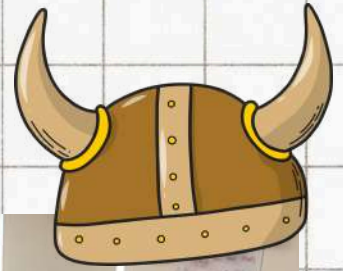


### Dates To Remember

- 27th Jan- Around the world food day (China)
- 28th Jan- Oak 1 & Ash 1 Hall Place Trip
- 10th Feb- Coffee & Chat
- 12<sup>th</sup> Feb- Dress to express (For Mental Health Awareness Week)

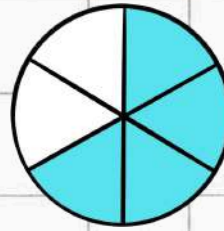


# ASH 4



It has been an action-packed few weeks in Year 4! From mastering the complexities of the clock to sailing the high seas with the Vikings, we have been busy expanding our horizons!

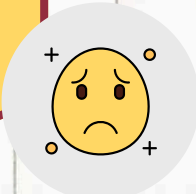
In our Maths lessons, we have been diving deep into the world of fractions. We have been adding and subtracting fractions and looking at how the whole is represented as a fraction. Alongside this, we have been tackling time, learning to read both analogue and digital clocks.



$\frac{1}{2}$



Learning new vocabulary is officially one of our favourite things to do. To challenge ourselves, we wore stickers featuring our "Words of the Week," inviting students and teachers from across the school to ask us what they meant. One of our standout words was melancholy. While it sounds quite grand, the children did a fantastic job of explaining its meaning (a feeling of sadness) to anyone who asked. It's been wonderful to see such a word-loving spirit taking over year 4.



Our History lessons took a "step" in a new direction this month as we headed to the hall to create a human timeline. By standing in order, we mapped out every historical era we've studied during our time at Parkway. It was a brilliant way to see how the fierce Vikings fit into the grand story of the past. We have been captivated by their longships and we are quickly becoming experts on Norse life.



HISTORY



The excitement is already building for our upcoming trip to the Maritime Museum in March. It will be the perfect opportunity to bring our Viking learning to life and see some real-life seafaring history up close. We can't wait to see what the rest of the term holds!



# The Value



# of Every Second

 **Every second matters** 

Arriving at school on time gives children the best possible start to their day. Those first few minutes are important — children settle into routines, connect with friends, and prepare for learning in a calm and positive way.

When children arrive late, they can miss key instructions, learning time, and opportunities to feel confident and included. Over time, even small amounts of lost time can add up and have an impact on progress and wellbeing.

We understand that mornings can be busy and unpredictable, and we truly appreciate the efforts families make each day. By working together to prioritise punctuality, we can help ensure every child starts the day feeling happy, settled, and ready to learn.

Thank you for your continued support in helping us make every second count.



Help your child build confidence and self manage their worries

Get instant access:  
[luminova.app/oxleas](https://luminova.app/oxleas)

Powered by



In partnership with



Recommended by



We are delighted to share with you a service designed to support young people aged 7-12 who are experiencing worries or anxieties; Lumi Nova.

Lumi Nova has been funded by Oxleas NHS Foundation Trust and is available to all families across Bexley and Greenwich, whose child attends an MHST school.

#### What is Lumi Nova?

Lumi Nova is an intergalactic adventure game to support young people to fight fears and manage worries. Whilst exploring planets, customising characters and earning treasure your child breaks their fears and worries down into manageable steps, learning life-long skills and building resilience.

Watch this short animated video to learn more: [Lumi Nova Introduction Video](#)

#### Who can use Lumi Nova?

Lumi Nova was created for 7 - 12 year olds (school years 3 - 7) who are having difficulties with fears, worries, or anxiety related to social situations, separation or phobias.

Lumi Nova is ideal for children who may:

- lack confidence to try new things
- seem unable to face simple everyday challenges
  - find it hard to concentrate
- have problems with sleeping or eating
  - have angry outbursts
- have negative thoughts about what's going to happen
- be avoiding everyday activities, eg. going to school, seeing friends
  - become irritable, tearful or clingy

#### How do you access Lumi Nova?

Accessing Lumi Nova is quick and easy. Use the link below to register and you will receive a text message to guide you through getting started.

[Luminova.app/oxleas](https://luminova.app/oxleas)

To find out more visit [luminova.app](https://luminova.app) or join a [Parent Information Webinar](#).



🎉 **SAVE THE DATE!** 🎉

Our School Summer Fete is happening on

**17** Saturday 4th July 2026

🕒 10am-2pm

Expect a fun-filled day for the whole family with games, stalls, food and more! 🌞🎈

🌟 **Calling stall holders!**

If you're interested in having a stall, please email us to express your interest.



## Children's Mental Health Week : Poster Competition

Children's wellbeing is a combination of their physical, mental, emotional and social health. These elements all contribute to overall wellbeing.

This year Children's Mental Health Week will take place from

**9<sup>th</sup> – 15<sup>th</sup> February 2026.**

It is a mental health awareness week launched by Place2Be, empowering and giving a voice to all children and young people in the UK. This year's theme is 'This is My Place,' encouraging self-acceptance and belonging.

One of the ways we would like to mark Mental Health Week is for the children to create a poster around mental health and wellbeing awareness.

There will be a chance for your child's poster to be displayed around the school, helping to ensure that the children's health and wellbeing is a key focus here at Parkway. There will also be a chance for one child from each of KS1, KS2 and Oak/Elm Trees, to win a prize.

Entries can be either hand drawn, or created on a computer.

Completed entries should be handed in to the class teacher, or the office, by

**Wednesday 11<sup>th</sup> February.**

All entries should have the child's name and class on the back.

Entries will be judged by the School Council on

**Thursday 12<sup>th</sup> February.**

Children will be able to access the Wellbeing Hub Monday – Thursday from 12:30pm if they would like a space in school to work on their designs.

Here are some of things that are suggested for good wellbeing which you might like to share with your child/ren:

- Connect with friends, family, nature
- Give to others – a kind word or a helping hand
- Be active and have fun
- Take notice of things around you
- Keep learning new things
- Be your own best friend

If you need any further information or have any questions please speak to Mrs Shepherd.

We look forward to receiving the entries and hope that the children enjoy taking part in this competition.



# Other News

## & EVENTS

### COMMUNITY HOSPICE

For the people of Greenwich & Bexley

We have received a lovely letter from Greenwich & Bexley Community Hospice thanking our school community for the £68.57 raised from Christmas Jumper Day. The hospice expressed their appreciation for everyone's generosity and support. Thank you to all our pupils, families and staff who took part and helped raise funds for this important local charity.

The Friends of Parkway Events Team is already looking ahead to some of our favourite traditions! We're starting to gather bits and pieces for the Easter Raffle and our Summer Fete (mark your calendars for Saturday, July 4th).

If you're doing a clear-out or have any extras lying around, we'd love to take them off your hands. We are currently looking for:

- **Chocolate & Treats:** Any sweets or biscuits for our Easter raffle hampers.
- **Unused Gifts:** Any "oops" Christmas presents or new items we can use for raffle prizes for the Summer Fete.
- **Soft Toys:** Pre-loved teddies or plushies (in good condition) for the Teddy Tombola.

Feel free to drop any donations off at the main office. Thank you for your continued help and support.

**MEMBERSHIP BENEFITS**

- DISCOUNTED MATCH TICKETS FOR THE WHOLE FAMILY TO ENJOY
- FREE FAMILY EVENTS AT THE VALLEY THROUGHOUT THE SEASON
- WELCOME GIFT AND LETTER DELIVERED TO YOUR SCHOOL
- CHANCE TO PLAY FOOTBALL ON THE PITCH AT THE VALLEY DURING THE SUMMER
- PLUS MORE....

**CHARLTON ATHLETIC SCHOOLS PARTNERSHIP SCHEME**

CLAIM YOUR CHILD'S FREE MEMBERSHIP TODAY!

SCAN THE QR CODE

**EMOTIONAL BASED SCHOOL AVOIDANCE (EBSA) PARENT/CARER SUPPORT GROUP**

To take place on: **Thursday 12<sup>th</sup> February 2026 1pm-2.30pm**

Venue: **Bexleyheath Central Library in the Dickens Room.**

Bexley Educational Psychologists are providing parent/carers the space to share their experiences, hear from others and gain support as part of a network for those supporting children and young people who are experiencing anxiety-related difficulties around attending school (including Emotional Based School Avoidance).

If you are interested in joining, please email: [parentebsasupport@bexley.gov.uk](mailto:parentebsasupport@bexley.gov.uk)

**AROUND THE WORLD CHINA**

TUESDAY 27<sup>th</sup> JANUARY

CHICKEN CHOW MEIN WITH VEGETABLE FRIED RICE  
VEGETABLE SPRING ROLL WITH SWEET CHILLI SAUCE WITH VEGETABLE RICE  
JACKET POTATO WITH CHOICE OF TOPPING  
STIR FRY VEGETABLES  
CHINESE SPONGE CAKE

新年快樂

**Mental Health Awareness Week**

**THURSDAY 12<sup>th</sup> FEBRUARY**

As part of our Mental Health Awareness Week, we will be celebrating Green To Express Day on Thursday 12<sup>th</sup> February. On this day, children are invited to wear their own clothes to school to express themselves and celebrate individuality. We kindly ask that each family makes a small voluntary contribution, which will be donated to our chosen mental health charity (to be confirmed).